OCTOBER 2020

## Vermilion High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28	29	30	1	2	Menu is subject to change due to availability of products
					Lunches are served with choice of 1% White or 1% Chocolate Milk
					Alternative Main Choice Daily Chicken wraps w/ Ranch or Chipotle
5	6	7	8	9 No School	Assorted Deli Subs Italian, turkey & ham, turkey club, ham & cheese, turkey & cheese
					Assorted Salads Grilled Chicken, Italian, Chef Salad
12	13	14	15	16	In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are
19 Bacon Cheeseburger On a pretzel bur Lettuce/Tomato/Pickle Baked Beans Assorted fresh & canned frui ALTERNATE CHOICE Uncrustable/Sub/Salad/Wrap	Garlic Bread Green Beans Assorted fresh & canned fruit ALTERNATE CHOICE	21 Bosco Sticks Marinara Sauce Fresh Veggie Cup Apple Crisp Assorted fresh & canned fruit ALTERNATE CHOICE Uncrustable/Sub/Salad/Wrap	22 Salisbury Steak Mashed Potatoes & Gravy Steamed Carrots Assorted Fresh & canned fruit ALTERNATE CHOICE Uncrustable/Sub/Salad/Wrap	23 Dominos Pizza Spinach Salad Frozen Slushie Cup Applesauce Cup Strawberry Delight Cookie ALTERNATE CHOICE Uncrustable/Sub/Salad/Wrap	prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. To file a complaint, visit <u>https://www.usda.gov/oascr</u>
26 Popcorn Chicken Bow Mashed Potatoes Corr Dinner Rol Assorted fresh & canned frui ALTERNATE CHOICE Uncrustable/Sub/Salad/Wrap	w/ Peppers & Onions Broccoli & Ranch Goldfish Graham Assorted fresh & canned fruit	28 Meatball Sub Tater Tots Green Beans Assorted fresh & canned fruit ALTERNATE CHOICE Uncrustable/Sub/Salad/Wrap	29 Fried Chicken Club On a Roll w/ Lettuce & Tomato Baked Chips Carrot Sticks w/ Ranch Assorted fresh & canned fruit ALTERNATE CHOICE Uncrustable/Sub/Salad/Wrap	30 Pizza Lunchable Marinara/ Pepperoni/ Cheese w/g Pita Bread Spinach Salad Frozen Slushy Cup ALTERNATE CHOICE Uncrustable/Sub/Salad/Wrap	